



KED

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Get Yourself a Ruben

Another school year comes full circle. A year of collaboration globally across the KED Network in known and new ways. Students and teachers have accomplished goals and lived up to high expectations. You have learned skills and sharpened your personality and ability to interact with others.

Perhaps collaboration with new people has helped. The KED Network is a powerful lever to reach goals set by anyone in our shared global community. In this issue you get a taste of a wide range of our collaborative formats. Online cooperation, traveling to foreign countries to deliver core aspects of the school's local curriculum financed by

the EU, teacher and student exchanges reaching new heights thanks to long tradition of structured execution, and conferences where colleagues from the entire KED Network get together to find a common direction in an educational landscape with new challenges and opportunities.

But the magic does not happen automatically. To start, you need the willingness to collaborate. Then you need resources to connect and go places. But perhaps most importantly, you need a plan. Organization is key to work out the logistics associated with an exchange and make sure it is packed with meaningful activities as well as the right clothes.

Ruben Eisses is an expert in this field. Ruben is a teacher at the Dutch KED partner schools Dr. Nassau College Norg and Aa en Hunze. He is also the responsible coordinator for all student and teacher exchanges at these two schools. Ruben has some time in his weekly schedule to plan, prepare and pack their exchanges in a relevant way. He coaches colleagues who are accompanying students on their exchanges, and he informs students about how to feel at home in their host families.

Ruben is much more than a travel agent. He is the invisible know-how that is built into everyone's exchange experience to make it magical. Willingness is a good starting point, but it takes organization to maintain that enthusiasm. I named my son Ruben. Go get yourself one too.

Cecilia Aronsson
Network Director
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Our International KED Mission

A happy crowd displaying the proud result of their online cooking tutorial.

Kunskapsskolan Borås in Sweden has accomplished an online collaboration project together with KED Network school Shevington High School in the UK.

The students' first task was to write a short presentation about themselves and their school, and to create a Google Tour showcasing their local area. The Swedish students found it interesting to explore points of interest chosen by the students at Shevington.

For the second task, the Swedish students chose a selection of typical Swedish dishes to give their British peers a real taste of Swedish food culture. They worked in groups to cook and bake each dish and created step-by-step instructional



The Swedish students enjoyed sharing their favorite dishes with their British buddies.



Dishes cooked in Sweden.

Try making the Swedish treats yourself.



Shevington students quickly picked up the Swedish cooking skills.

Lastly, we plan to arrange a digital meeting between the schools as a final task to wrap up our collaboration, and next school year students from both schools will get to visit each other.

Patrick Ljungblad
Senior Teacher, Kunskapsskolan Borås together with Shevington High School students Anshvir, Fargol and Naomi

videos to show the students at Shevington how to make them. On the menu were Kärleksmums (Swedish chocolate cake), a pancake cake, Småkakor (little biscuits), meatballs with mashed potatoes, and Smörgåstårta (sandwich cake).

The students had a great time preparing the food and filming the videos. The pictures show the result of the cooking at each school. The British students loved making the recipes and tasting them afterwards. Kärleksmums was the favorite dish, while Smörgåstårta was slightly less popular.

The Swedish students now look forward to trying their hand at cooking/baking the British dishes selected by the students at Shevington.



Meatballs with mashed potatoes served in Wigan.



-INTERNATIONAL MISSION-



What is the mission?

We have started an international KED mission. We have joined missions with another school, Kunskapsskolan, a Swedish school. In this mission, we were set multiple tasks to complete. The first one was an introduction task to share information about our area with our partner school. We completed a Google Earth tour with multiple different landmarks in our local area, places that Sweden has not seen or been to, such as Blackpool, Trafford Centre, etc. The second thing we did was to make a "Get to Know Us" Google Slides presentation. We each made a slide dedicated to each person, explaining their age, hobbies, dislikes, and likes. Following that task, we each found a British dish to cook and made a video of a recipe. The Swedish school cooked those British dishes and then sent us a Swedish dish recipe. We made their dishes and sent them images of how we did. We call this "Flavours Across Borders." We are looking forward to their feedback!

We are doing this mission to better connect with other people around the world. We are also doing this because we get to understand the living, school, and lifestyle expectations of other countries and compare them to our day-to-day basis.

We hope we get to personally meet or talk to them virtually to connect with them and understand each other better. We also hope we get to travel to Sweden, as it would be a privilege and honor. We are looking forward to this mission!!!

What have we gained?

We have gained many life skills we can use in our future jobs and lives. For example, we have learned how to use Google Earth Tour, and we learned how to make foods we have never seen or heard of, which could potentially help us if we ever travel to Sweden. Other school recommendation and why? We would love to work with Argentinian, Moroccan, or South Korean schools because we would love to learn more about different cultures, lifestyles, and include more diversity.

-OPINIONS-

In my opinion, I found the mission very beneficial because I learned what Swedish people like to eat, the school rules (which are very different from our school rules), and their lifestyle. This is probably my favorite mission because I got to work with a school that isn't in our country. I am also very grateful that our form got chosen to do this enjoyable and fun mission!! (Naomi 9.5)

I loved this mission because I love to learn about different cultures and their lifestyles. In my opinion, I also loved this mission because it would really help me in the future. It would look really good on my CV and make me stand out from other people because, if I am learning about different people's cultures and lifestyles and connecting with people overseas, this shows I can talk and connect with people I have never met before. (Anshvir 9.5)

I am someone who really likes to learn about other lifestyles and schools (cultures), so doing this mission made me understand what school in Sweden could be like and made me want to definitely travel there one day. It was such a fun experience to learn about their food and how their school system works. I enjoyed it a lot!! (Fargol 9.5)

WE ARE ALL VERY GRATEFUL TO BE PART OF THIS AMAZING MISSION!!!

Writers: Anshvir, Fargol, Naomi

Upper secondary KED students from Stockholm completed a project with a Spanish counterpart in Zaragoza. The schools plan to repeat it next year.



Building a Learning Community



The Spanish buddies reciprocated the exchange, and their hosts guided them through Stockholm Old Town.

Students enjoyed experiencing things together as a large group, which benefited the sense of community both within and across schools.



This semester, it was finally time for us to travel to our partner school I.E.S. La Azucarera, in Zaragoza, Spain. The trip was part of Kunskapsgymnasiet Globen's Erasmus+ project for the 2024/25 school year "Exclusion and Crime – a cross-border project to increase school motivation and reduce school absence."

In Zaragoza, the students participated in a varied program. One activity was scriptwriting and recording a video in small groups, based on the project's theme. One of the most memorable parts was a lecture by three inmates from the prison Centro Penitenciario de Daroca, together with a psychologist and a lawyer. The inmates gave moving accounts of their lives and choices, the importance of schooling and adult role models. They offered valuable advice to the audience and there was time for questions and discussion. The week in Zaragoza ended

with the students making a poster to promote going to school as the best way of securing your future.

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After a successful exchange in Zaragoza, our Spanish buddies came to visit us for a week. Their generous hospitality inspired us, and several of the Swedish students agreed to host a Spanish student in their homes for a week. Some of the Spanish students stayed with teachers.

The week in Stockholm was filled with exciting activities, both at school and around the city. At school, it was time for the students to present their videos and posters from the "Exclusion and Crime" project. The guests also joined an English lesson and assisted in a Spanish lesson for beginners. After school hours, we visited the Old Town, the Paradox Museum, Skansen and the Vasa Museum. One of the highlights was a visit to Hellasgården, located in a nature reserve, where we played games, tasted fermented herring (surströmming), grilled hamburgers, and enjoyed sauna and cold bathing together.

Eva to the left, together with the team of teachers who organized the exchange project.



New connections increase your learning.



The students enjoyed their freetime too. 50 teenagers from both countries gathered at a soccer field, under blooming cherry trees in the Kungsträdgården park, and at the home of one of the Swedish students. Kunskaps gymnasiet Globen's students were fantastic hosts and showed off their best sides, as well as those of Stockholm.

The exchange had many more effects than originally intended. I was struck by how welcoming and skilled my students acted in their role as hosts. They participated in earnest and gave it their all, at the same time developing confidence in their language skills, both English and Spanish. Since this project included students from different grades, they had the opportunity to make new connections also within our school, which benefits our school environment going forward.

I won't shy away from the fact that a large exchange project like this requires a lot of

effort, teamwork and time to accomplish all phases of the project with high quality. When it is the first round of a project, it takes even longer. With that being said, our school hopes to get resources to be able to carry out a similar project with our Spanish counterparts next school year. In addition, we aspire to become an accredited school for EU funding through Erasmus+, which would enable regular international projects for our school.

Next, we have to file some thorough reporting to acquire our funding. Our students get to share their reflections, and maybe we will have a waffle buffet to celebrate.

Eva Söderblom

Spanish and Psychology Teacher,
Kunskaps gymnasiet Globen

My Teacher Exchange Journey to Landskrona

Teachers on different continents with a shared mission.

This month, I had the incredible opportunity to participate in a teacher exchange program in Landskrona, Sweden. My exchange partner Ida lives in Malmö, just a short train ride away. The experience was nothing short of amazing – filled with inspiration, surprises, and insights that I will carry with me.

As a science teacher, I was fascinated by the classroom dynamics at Ida's school. In a Grade 5 science lesson, students were divided into groups, each assigned a body system – circulatory, respiratory, digestive. They created life-size diagrams with detailed labels, working with excitement and collaboration. This

hands-on learning brought science to life and showed how creativity can deepen understanding.

In another lesson, Grade 7 students were challenged to design and build a bridge using popsicle sticks that could hold the maximum weight. I got to supervise this project



This is a video made by Ida during her exchange visit to Suman in India.



and witness their creativity and problem-solving skills. To me, it highlighted the power of science education.

Every day at Kunskapsskolan Landskrona begins with a base group session, where students discuss learning goals, reflect on world news, and plan their day with their base group teacher. This structured start gives students a sense of clarity and purpose. The school culture felt vibrant, with students expressing themselves

freely – through their clothing, hairstyles, and even makeup. There are no uniforms, and this individuality adds to the school’s lively atmosphere.

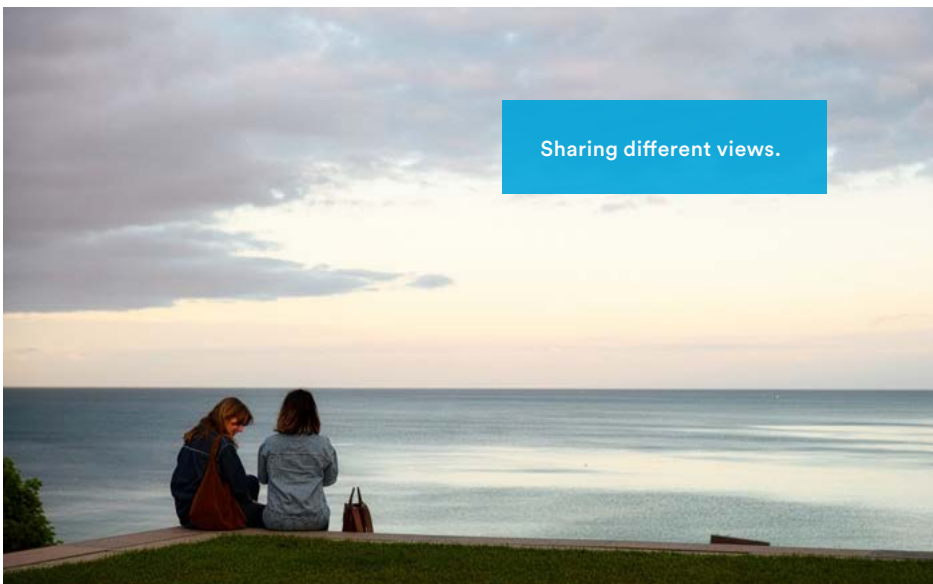
Another enriching element is the school’s emphasis on religion as a school subject. Students learn about various religions, their beliefs, and cultural practices. This approach breaks down myths and misconceptions, encouraging understanding and respect, especially in Sweden’s diverse, multicultural society.

My focus question during the exchange was: How do teachers ensure coaching sessions are effective? My conclusion is that effective coaching builds on good relationships that evolve from friendly conversations to meaningful coaching connections, grounded in mutual respect, giving students a sense of being truly seen.

My week in Landskrona coincided with the sports day challenge at the beach, where students from different schools came together for a day of ball games, laughter, and sunshine. It was a joy to see them connect with friends and teachers outside the classroom.

Beyond the school walls, I was captivated by Sweden’s stunning landscapes of windmills, rapeseed fields, and quaint towns, with the sun staying out till midnight. The city’s art and architecture, along with the self-expression in fashion and style, left a deep impression.

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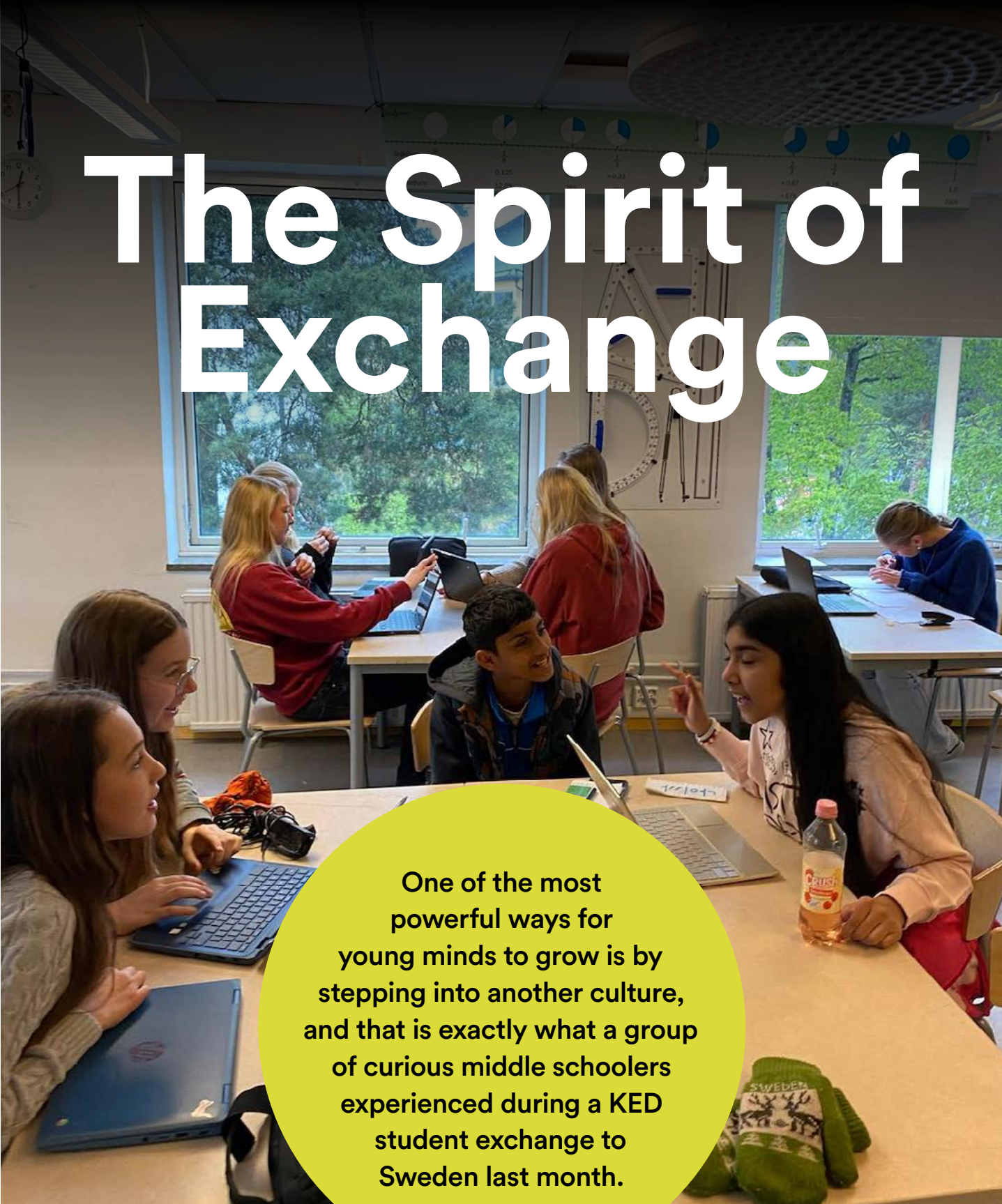
Sharing different views.

Of course, no day was complete without a great cup of coffee and fresh salads! The train and bus rides home, filled with cheerful conversations and beautiful scenery, were the perfect way to end each day.

This exchange has broadened my perspective on teaching, learning, and cultural understanding. I look forward to bringing these ideas back to India and sharing them with my students and colleagues.

Suman Rawat
Middle Years Programme Science Educator, Kunskapsskolan Gurgaon IB school

The Spirit of Exchange



One of the most powerful ways for young minds to grow is by stepping into another culture, and that is exactly what a group of curious middle schoolers experienced during a KED student exchange to Sweden last month.



Yoga lessons conducted by the Indian buddies at Kunskapsskolan Nacka.

The success of this unique exchange was made possible through the friendly collaboration between Kunskapsskolan Nacka in Sweden and Kunskapsskolan India. From the very beginning, both institutions worked hand-in-hand, ensuring every detail was addressed with care and precision. Whether it was logistical support, guidance for students, or emotional reassurance for parents, the schools stood by each other, making sure the experience was enriching, safe, and memorable for all involved.

Our journey to Sweden, however, was not entirely smooth. We had an unscheduled layover in Helsinki, Finland, which initially seemed like an unexpected challenge. But the students took it in stride, embracing the chance to see yet another country – even if only briefly. Their positive attitude and sense of adventure turned a potential setback into an added highlight of the trip, showing their resilience and curiosity.

The goal of the exchange was simple yet meaningful: let students experience life in another country, not through textbooks, but by living it. The journey was about immersion, connection, and shared human experiences.

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There was also time for fun and games in the sun.

It all began with the thoughtful selection process, where eager students were chosen based on their openness to new experiences and a genuine interest in cultural exchange. As they arrived in Sweden, they were greeted with warm smiles and open arms from their Swedish host families. Students quickly found themselves integrated into daily life – sharing meals, doing household chores, attending school, and even figuring out how to navigate buses and trains. The self-reliant nature of their Swedish buddies was inspiring; it encouraged our students to step out of their comfort zones and become more independent and confident.

These everyday tasks became rich learning experiences, offering deep insights into Swedish society, lifestyle, and values. The cultural exchange brought its unique charm, as students picked up new life skills – baking oat cookies, learning to knit, and enjoying friendly sports games with their Swedish peers. One of the most memorable activities was the GPS quiz, a city-wide scavenger hunt that combined navigation, teamwork, and a sense of adventure, making learning both fun and meaningful.



12 students from Kunskapsskolan India stayed with students at Kunskapsskolan Nacka for one week in May.

What made the experience truly unforgettable was the spirit of exchange. Indian students did not just learn about Swedish culture, they also shared their own. They performed traditional folk dances, cooked Indian meals, introduced their buddies to Indian music and yoga, and shared stories from back

home during cosy evening chats. In return, they got to taste Swedish treats, learn local expressions, and enjoy experiences new to them, like the wonder of a late Nordic sunset.

This exchange created a beautiful bridge of mutual respect and understanding. Despite language differences and varied traditions,

The goal of the exchange was simple yet meaningful: let students experience life in another country, not through textbooks, but by living it.

the students discovered how much they have in common: curiosity, warmth, and a willingness to learn from each other.

As many students echoed: “The exchange didn’t just teach us about Sweden – it taught us how to speak with confidence, and build friendships beyond language.”

Now, as we look forward to welcoming our Swedish friends to India, our hearts are open and our minds are eager. We are ready to continue this beautiful circle of learning, sharing, and friendship – across the map and deep into the heart.

Nimmy Prason
Team Lead Middle School, Math Facilitator, Kunskapsskolan Bengaluru



The Indian students performed some of their traditional dances, ensuring cultural exchange both ways.

KED Network Conference 2025



John Baumber emphasized the importance of educating the next generation to be humane, anchored and connected.



Daniel Hjelte and Christopher Adermark presenting the AI workshop.



The enlightening discussions continued into the evening.



School leaders from India, the Netherlands, UK and Sweden shared their views on how to secure good leadership.

At the end of May, representatives from the entire KED Network and beyond gathered in Stockholm for three days to explore the main themes of Artificial Intelligence (AI) and Student Agency. The idea was to explore how new technologies can help accomplish the mission we are all here for – to develop and operate outstanding schools where students, through personalized learning and clear goals, will stretch their boundaries and learn more than they thought possible. Helping students develop agency and

The idea was to explore how new technologies can help accomplish the mission we are all here for – to develop and operate outstanding schools based on personalized learning and clear goals.

responsibility for their own learning process is at the heart of that.

Dr. Pia Skott, Assistant Professor at Stockholm University's Department of Education, delivered a keynote where the importance of a professional principal was emphasized. Strong leadership with defined responsibilities for the members of a school, including both teachers and students, can help us create magical things together.



Pia Skott described the difference between professional development and professional becoming, the latter being linked to the attitude of the person and forming an identity with thorough awareness of oneself in relation to others.

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nology combined will bring us closer to our vision of empowering every student to master the challenges of today and shape the world of tomorrow.

The world is becoming more complex and unpredictable with the introduction of AI as well as the development of world politics. Therefore, we need to learn to live with the questions, and to embrace the unexpected. By having a common ground of values and working practices in KED schools worldwide, we create a small world within the bigger, chaotic world around us. Surrounded by familiar items such as workshops, coaching and personal goals, we can build trust and the ability to cope with the unexpected and unknown. And as a result, hopefully, learn more than we thought possible. Because according to the experts, we learn more when we have the courage to look beyond the familiar and expected.

She also highlighted the importance of evaluation and reflection as part of the school’s good leadership. In your daily routine, look for opportunities to listen rather than talk. Living with the questions, rather than getting them answered immediately, usually provides richer learning outcomes.

In order to strengthen our interaction with students, AI needs help from humans. It is more a matter of dividing tasks, rather than replacing humans with AI, according to the experts and participants in the workshop. Good leaders, strong professionals and tech-

In a special address, John Baumber, long-time member of the global KED

“If we have all the answers, we become functional only. The questions can be more important than the answers,” argued Pia Skott.

However, in order to feel comfortable exploring various solutions and living with the questions, you need to build trusting relationships within your organization. The leadership is crucial to instill that culture of comfortable uncertainty.

Daniel Hjelte, Managing Director at Accenture Nordics, then came on stage with a keynote emphasizing that holistic human well-being is critical in an increasingly complex world. His team from Accenture then presented an interactive workshop session about the future of learning in KED schools, led by Christopher Adermark, KED Global Head of Digital Tools.



Kunskapsskolan’s founder Peje Emilsson addressed the conference guests with a recap of his recent educational mission in Albania.



Helena, Sara and Debaleena during their KED Teacher Exchange week at Kunskapsskolan Bengaluru.



Helena, Sara and Debaleena during their KED Teacher Exchange week at Kunskapsskolan Täby.

team, inspired us to gather that courage to continue building authentic relationships with our learners, personalizing the offer we make to them and enabling them to develop agency. John has been Head of School for Kunskapsskolan Saltsjöbaden, CEO of the Kunskapsskolan sponsored Academies in the UK and Director of Education for Kunskapsskolan UK.

The KED Network in itself can be a gateway to the unexpected. The same week as the KED Network Conference, six teachers from Kunskapsskolan India came to work at different KED schools in Sweden as part of their teacher exchange program. A completely different context, but with many familiar items to build trust and catalyze learning. The unusually cold weather in Sweden was

not in our hands to control, but it sharpened the contrasts that the exchanges, as well as the conference, were all about: comparing and contrasting different views as a community faced with the same challenges.

Cecilia Aronsson
Network Director

You Are the Future

Monica Stolpe, music teacher at Kunskapsskolan Gävle, to the right, together with the Swedish students during an act in the exchange project show.

Two years ago, Kunskapsskolan Gävle conducted a KED student exchange project with Kunskapsskolan partner school Dr. Nassau College Norg in the Netherlands. Together, we performed our own musical “Almost Famous” picturing a modern environment at a music school, where intrigues, conflicts,

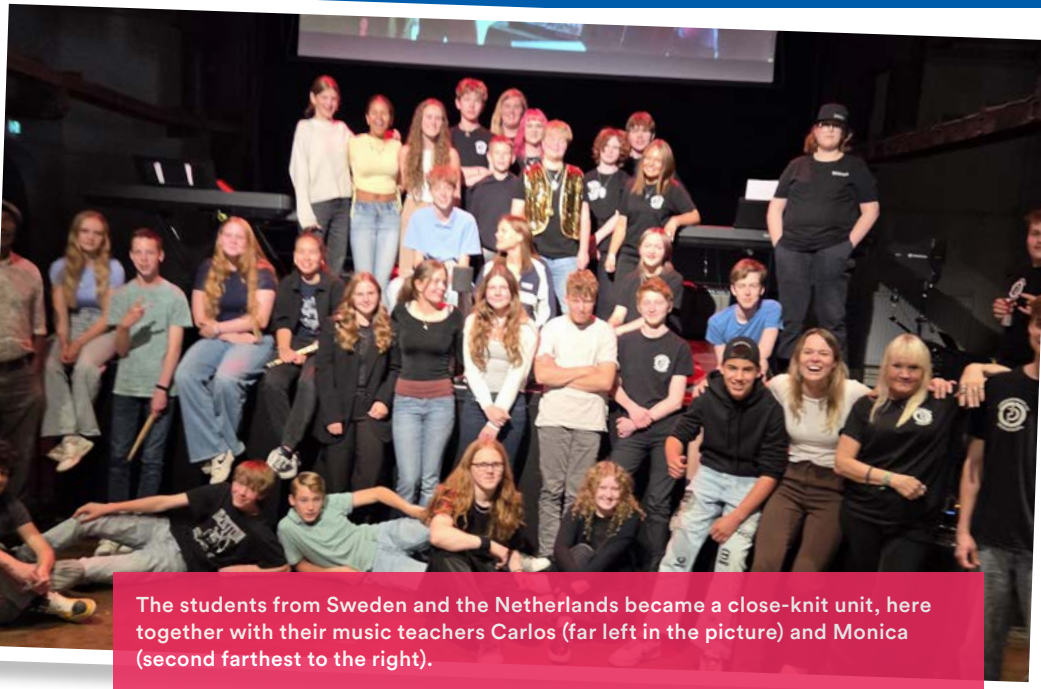
and relationships among the young people were in focus.

This time, we have taken the project to a higher level, focusing on our own music creation based on the theme “Being young today.” The project was supported by Erasmus+ grants from the European Union, al-

lowing students from both Dr. Nassau College Norg and Aa en Hunze to participate in the exchange with Kunskapsskolan Gävle.

With their own song titles such as “My worth,” “Web of shadows,” “The fight,” “I want to be the one,” “Poser,” “Six dollar shirt,” and “Made





The students from Sweden and the Netherlands became a close-knit unit, here together with their music teachers Carlos (far left in the picture) and Monica (second farthest to the right).



Rehearsals in Norg.

it out,” the students presented their own thoughts on growing up, expectations, and belief in their own ability.

Throughout the school year, the Swedish and Dutch student groups created their own songs and music, scheduling digital meetings to share the progress with each other.

The exchange with performances took place between May 18th and May 28th. First, the music students from Kunskaps-

skolan Gävle went to the Netherlands to perform a joint concert together. After that, the Dutch students joined the Swedish students back to Gävle for two concerts at the local landmark Gasklockorna.

The exchange project concluded with a charity concert for the public, where the entrance fee was donated to the organization Children’s Rights in Society (BRIS) and their work to prevent young people’s mental health issues. A fantastic evening with strong emotions and many fine achievements by everyone involved.

You are the future! <3

Monica Stolpe
Music Teacher, Kunskapsskolan Gävle



The Dutch students brought their Swedish exchange buddies to a climbing park with challenging obstacle courses.



Back in Sweden, the students at Kunskapsskolan Gävle invited the Dutch buddies and the host families to Swedish fika and a Swedish quiz.



Of course, we biked to the climbing park – biking is a deeply ingrained part of Dutch life and culture.

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A podcast series brought to you from Stockholm by Kunskapsskolan Education (KED). Reflecting and connecting educators of more than 100 schools that use the KED Program for personalized learning across Sweden, the UK, the Netherlands, India, USA, and the Middle East.

Working around the globe to personalize each student's education according to their individual needs and abilities. Empowering the students to master the challenges of today and shape the world of tomorrow.